

Connect with an Elder: Become a Companion!

RSVP (Retired and Senior Volunteer Program) and Catholic Community Services need YOU to help elder neighbors remain independent in their homes!

RSVP seeks volunteers to provide...

- ▶ Companionship
- ▶ Light housekeeping and/or transportation
- ▶ Assistance and support

Match up with and support an older adult working to maintain their independence. You can make a positive difference!

For more information...

Contact Jan Hancock at **206.694.6786** or janh@solid-ground.org.

