Share Your Love of Food and Nutrition!

Passionate about food, cooking, or gardening? RSVP (Retired and Senior Volunteer Program) and Solid Ground’s Community Food Education (CFE) team need YOU to share your skills and passion with communities in need!

**RSVP seeks volunteers to be...**
- Gardeners at Marra Farm’s Giving Garden
- Food bank helpers
- Produce delivery drivers
- Virtual class facilitators.tech assistants (contact us to get on waiting list)

**CFE Class Assistants help with 6-week classes teaching cooking and nutrition skills to adults and families living on low incomes. Training provided; no professional experience needed.**

For more information, please contact...
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