## Connect with an Elder: Become a Home Helper!

RSVP (Retired and Senior Volunteer Program) and Catholic Community Services need YOU to help elder neighbors remain independent in their homes!

## RSVP seeks volunteers to...

- ▶ Help meet critical needs of low-income, isolated seniors in your neighborhood.
- ▶ Offer companionship, support, and assistance.
- Provide transportation and/or run errands.

Match up with and support an older adult working to maintain their independence. You can make a positive difference! Virtual opportunities available.

## For more information, please contact...

Megan Wildhood at meganw@solid-ground.org or 206.694.6786.





