

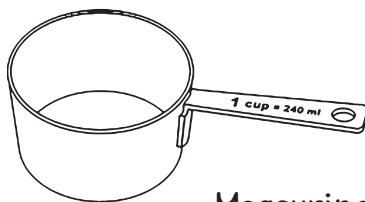
Measurement Conversion

TEASPOON	TABLESPOON	CUP	FLUID OUNCE	OTHER
3	1	1/16	1/2	
6	2	1/8	1	
	4	1/4	2	
	8	1/2	4	1/4 pt
	12	3/4	6	
	16	1	8	1/2 pt
		2	16	1 pt
		4	32	1 qt

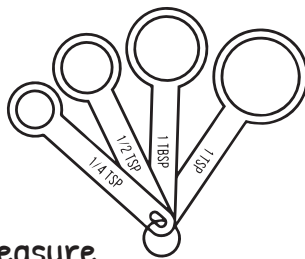
Dry Measure

Fill a measuring cup or spoon with a dry ingredient and level off with the flat part of a table knife blade.

Measuring Cups



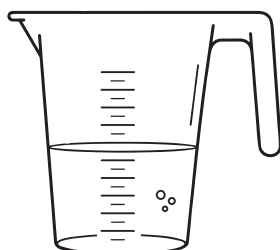
Measuring Spoons



Liquid Measure

Fill a liquid measuring cup with liquid to the quantity marker line you need. To check, place the cup on a flat surface and check the measured quantity at eye level.

Liquid Measure



Abbreviations

Teaspoon = t or tsp

Tablespoon = T or Tbsp

Ounce = oz

Fluid ounce = fl oz

Cup = c

Pint = pt

Quart = qt

Gallon = gal

Pound = lb