Signing up for EBT

Basic Food in Washington state, known as food stamps or SNAP, uses an EBT (Electronic Benefits Transfer) system – like a debit card income-qualified people can use to get monthly groceries support.

How do I apply for these benefits?

You can apply for Basic Food benefits online, in person at your local DSHS office, or by calling the Washington SNAP hotline at **877.501.2233** to find out how. Call local nonprofit WithinReach at **800.322.2588** for help walking through the process.

Am I eligible for these benefits?

The state wants to know your household size (how many people you live and buy food with) and your income (how much money your household makes). Income includes both gross (pre-tax) earned income (the money you make from jobs) and unearned income (cash assistance, Social Security, unemployment insurance, and child support, etc.).

Additional benefits

If you're eligible for food stamps, you might be eligible for other programs like ORCA LIFT, WIC, Apple Health, discounted museum tickets, Lime bike/scooter passes, and more!





TIP: Safeway and other stores do free delivery for folks who use EBT.

Maximize your produce!

Market Match (at Farmer's Markets)

Use your EBT card at Washington state farmers markets and get an unlimited match in extra coupons to buy fruits, vegetables, seeds, and plant starts!

Produce Match (at Safeway)

Buy at least \$10 in qualifying fruits and vegetables with your EBT card at participating retailers and get a \$5 coupon printed directly on your receipt to spend on fruits and vegetables on your next shopping trip.



