

July 2022 Menu

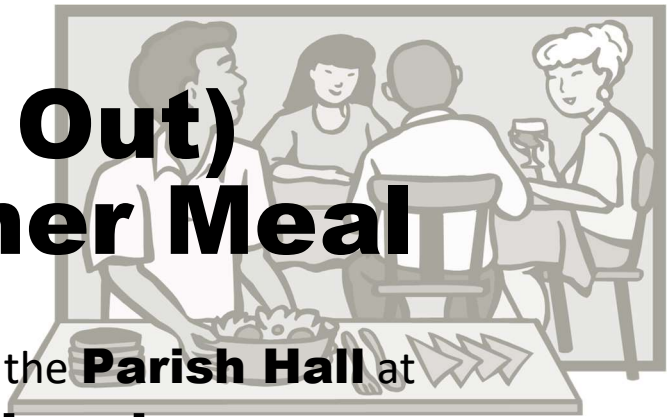
# FREE (Take Out) Sunday Dinner Meal

12:00 Noon – 2:00 PM

Take Out Meals provided out of the **Parish Hall** at

**Blessed Sacrament Church**

5050 – 8th Ave NE • Seattle, WA 98115



<b>Date</b>	<b>Main Dish</b>	<b>Featuring</b>
July 3	Chili w/Hot Dogs over Rice w/Veggie Option	Rice, Corn, Potato Chips, Potato/Macaroni Salad
July 10	Spiced Chicken	Mashed Potatoes w/Gravy, Green Beans, Pasta Salad
July 17	Baked Fish	Rice, Corn, 3-Bean Salad
July 24	Pork Adobo w/Veggie Option	Rice, Green Beans, Pasta Salad
July 31	Meatloaf YMCA Meal	Mashed Potatoes w/ Gravy, Corn, 3-Bean Salad

*Meals served with bread, dessert, fruit and bottled water*

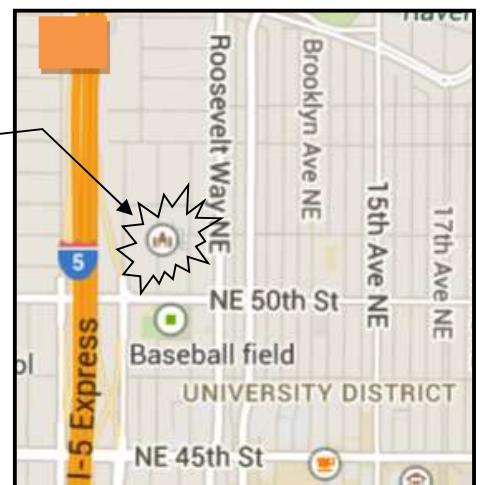
**Please Wear a Mask for Meal Pick Up – Thanks!**

## Need Assistance?

St Vincent de Paul conference representatives are on hand during the Dinner.

**We are located  
HERE.**

**Metro #66 or 67**



Sponsored by  
**St. Vincent de Paul Society**  
Blessed Sacrament Conference

**Need Groceries? Visit our Food Bank: 10:30 am – 12 N Fridays**