

August 2022 Menu

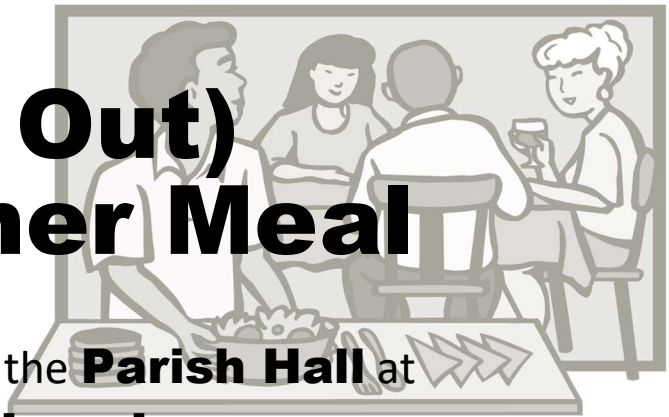
# FREE (Take Out) Sunday Dinner Meal

12:00 Noon – 2:00 PM

Take Out Meals provided out of the **Parish Hall** at

**Blessed Sacrament Church**

5050 – 8th Ave NE • Seattle, WA 98115



<b>Date</b>	<b>Main Dish</b>	<b>Featuring</b>
July 31	Meatloaf w/veggie option	Mashed Potatoes w/Gravy, Corn, 3-Bean Salad
August 7	Teriyaki Chicken	Rice, Pot Stickers, Seasonal Vegetables, Pasta Salad
August 14	Breaded Beef Steak	Mashed Potatoes w/Gravy, Seasonal Vegetables, Pasta Salad
August 21	BBQ Chicken	Mashed Potatoes w/Gravy, Seasonal Vegetables, Pasta Salad
August 28	Spaghetti w/veggie option	Seasonal Vegetables, 3-Bean Salad

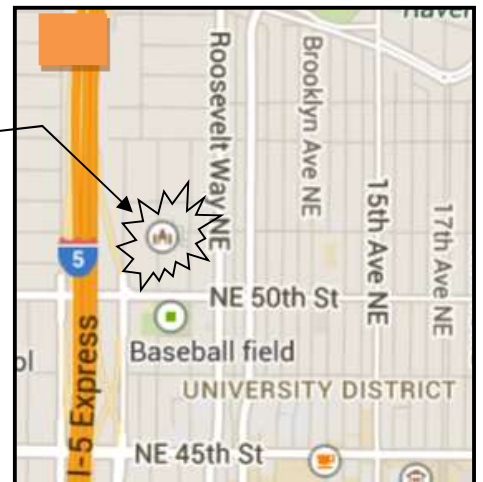
*Meals served with bread, dessert, fruit and bottled water*

**Please Wear a Mask for Meal Pick Up – Thanks!**

## Need Assistance?

St Vincent de Paul conference representatives are on hand during the Dinner.

**We are located  
HERE.  
Metro #66 or 67**



Sponsored by  
**St. Vincent de Paul Society**  
Blessed Sacrament Conference

**Need Groceries? Visit our Food Bank: 10:30 am – 12 N Fridays**